



Persa Kovich (Executive Director)
Jessica Hein (Physiotherapist)

DIABETES

OBESITY

HYPERTENSION

DEPRESSION

COPD



COMMUNITY FITNESS FACILITY

EXERCISE

EDUCATION

SELF MANAGEMENT



**BRIDGING
THE
GAP**

PARTNERS





PARTNERS



\$47,600

- PT & PTA
- Dietitian
- CDM Nurse
- Health Promotion
- Mental Health
- Public Health Nurse
- Respiratory Therapist
- Occupational Therapist
- Tobacco Reduction



\$66,000

- Kinesiologist
- Membership Subsidies
- Equipment/Supplies



\$24,000

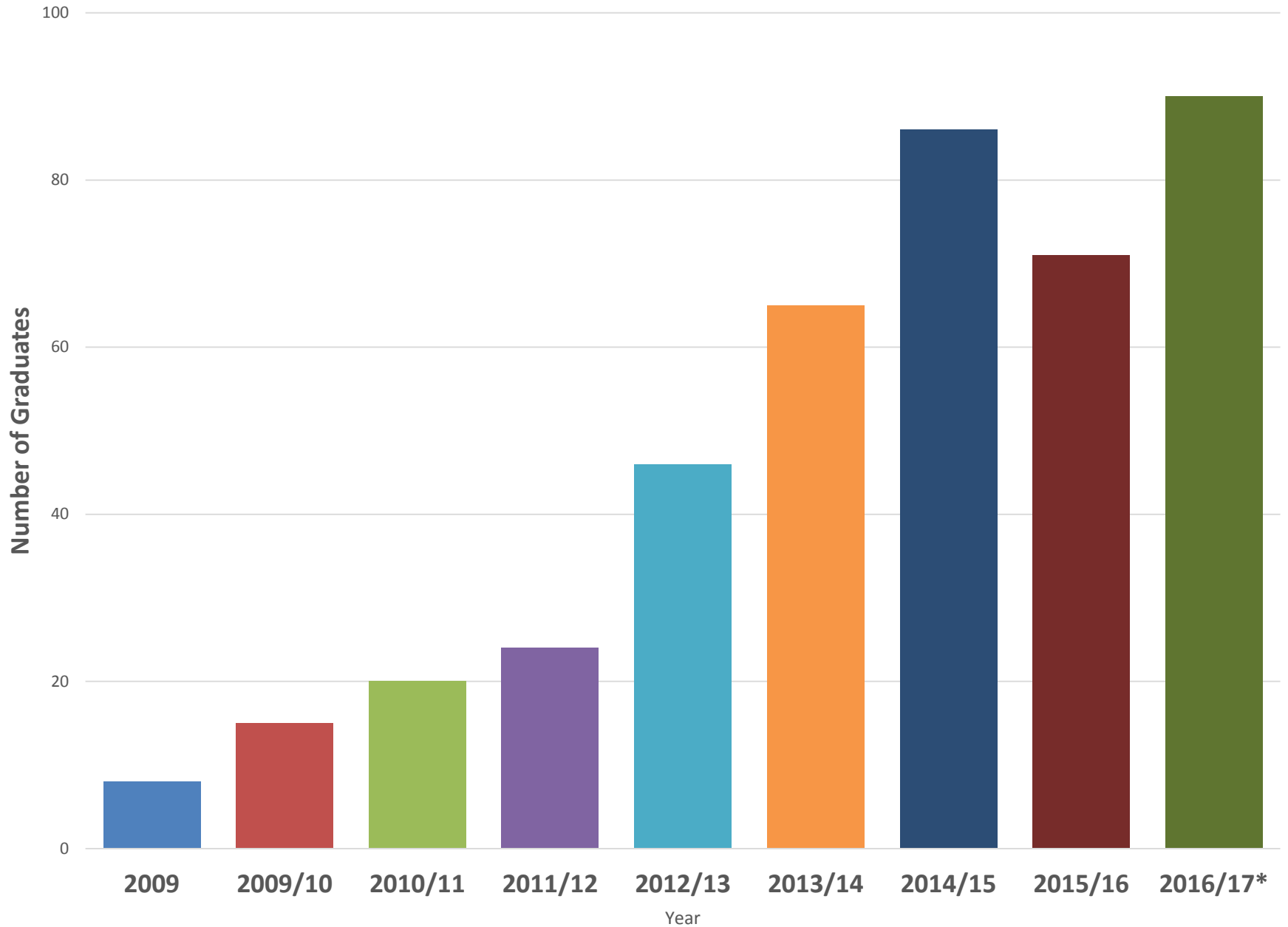
- Use of Facility
- Fitness Instructors
- Membership & Program Subsidies
- Urban Poling



COMMUNITY

- Pharmacist
- Woodlands County
- Whitecourt Cancer & Wellness Support Group
- IGA
- Taiga Helicopters
- Friends of Whitecourt
- Capstone Infrastructure

Whitecourt Healthy Living Program Graduates



NUMBER OF GRADUATES STILL PARTICIPATING IN PHYSICAL ACTIVITY

2012-2014

