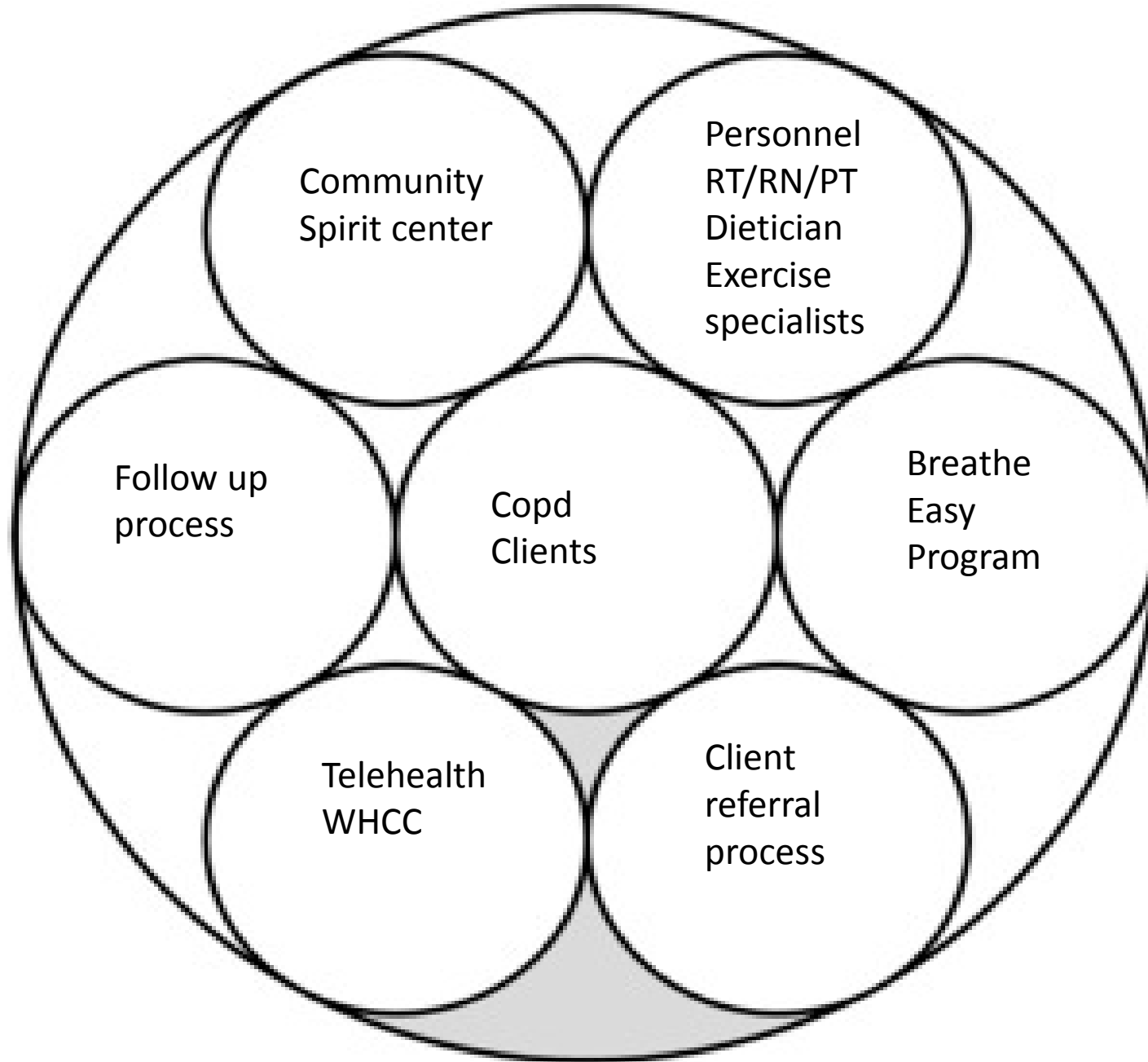




Breathe Easy





To date:

- Sept. 2014-Nov.2016
- 7 classes (2 days/week x 8 weeks)
- 23 participants (21 completed/2 incomplete)
- 12 female/11 male
- Age 51-79 yrs. of age
- Diagnosis – copd (86.36%), interstitial lung disease (9.09%), other lung disorders (4.55%)
- 6 minute walk results---19 showed improvement, 2 decreased
- Distance on improvement (5.10%-64.29%) avg 24.35%

Healthy Lung clinic

